



MERCHANT TAYLORS' SCHOOL

Sandy Lodge, Northwood, Middlesex HA6 2HT

Telephone 01923 820644

Email; groots@mtsn.org.uk

Head Master S J Everson, MA

Dear Parent/Guardian,

It gives me great pleasure to provide you with the relevant information for Sport at Merchant Taylors' and what the schools' procedures and expectations are, for the year ahead.

Please take the time to look through the details of this letter as it provides you with all the relevant information surrounding Games and Physical Education at MTS. If you require any further information, please feel free to contact me at the start of the new academic year.

I wish your son the very best of luck and I look forward to meeting you on the touch line at some point in the year ahead.

Kind Regards,

Gareth Roots
gdr@mtsn.org.uk
Director of Sport





Expectations of Pupils

- 1. Pupils at MTS are expected to be available for all Games sessions and competitive fixtures.
- 2. Pupils are also expected to adhere to school rules on the field of play at all times. Bad language, descent and any other unsporting actions will be dealt with the same severity as if these occurred in normal lessons. Our Charter for Sport asks our pupils to be **S**elfless, **P**roud, take **O**wnership, be **R**espectful and be **T**enacious in the face of adversity.
- 3. Pupils are expected to bring the appropriate kit for games and PE lessons. The PlayerLayer kit lists are outlined below and are also available on the link. For any queries please email info@playerlayer.com.

https://playerlayer.com/teams/merchant-taylors-school-northwood.html

Compulsory Sports Uniform List	Additional Sports Uniform List
Junior Blitz Rugby Shorts	Junior Bodyline Cricket Trousers
Junior Field Shorts Pockets	Junior Bodyline Cricket Shirt S/S
Junior Pro Socks	Junior Playerlayer Leggings
Junior Reversalayer Playing Jersey S/S	Junior Playerlayer Shorts
Junior TrainaLayer Bottoms	Junior Quarter Zip MidLayer
Junior VictoryLayer Performance Tee	Junior's Playerlayer Crew Neck Baselayer
VictoryLayer House Tee	Pro Beanie (fold)
All Conditions Training Top	LugLayer Backpack- 22L
	LugLayer Holdall- 49L

Off-Games Procedure

If your child is unable to attend Games due to illness or injury, a parent must email jnewcombe@mtsn.org.uk with a full explanation by midday at the latest, on the day of absence. We also ask that the pupil fills in an injury record form so that we can monitor the injury and assist where required. A link to the injury record form is below.

MTS Sports Injury Record Form (office.com)





Despite a pupil being off-games, **they must attend their Games lesson at the start of the session to register**. In the majority of cases, pupils will be required to stay with their Games option and assist the coach/teacher where required. In exceptional circumstances, the pupil will be allowed to go to the library, but this is at the discretion of the teacher in charge. Pupils should not attend the library without prior authorisation.

If you have any queries or concerns or would like to submit further information on your son's situation, please contact the school reception (<u>reception@mtsn.org.uk</u>).

School Physiotherapy

The School offers a physiotherapy service to support your son through any injury he might sustain. Should you wish to access this service there is cost of £100 per academic year, which covers all sessions and will go on the school bill. If your son has an initial consultation and does not require further support, there will be no charge. All sessions will take place either in games or the lunch hour on school site and are arranged via Mr. Bruce. Please complete the Consent form if you wish to receive this service should it be required.

Return2Play

As a part of our ongoing commitment to pupil welfare, we utilise the services of Return2Play - a medical consultancy who are leading experts in Injury Management. Return2Play are the leading company in this field and our experiences with them to date have been overwhelmingly positive.

A special focus of Return2Play's service is the management of concussions. This includes, when required, providing parents unlimited access to the UK's leading doctors who have knowledge of the injury and critically, the protocols which need to be adhered to following the injury.

Additionally, Return2Play's injury management software enables the school to log and track the recovery of any injury that your child may experience. We firmly believe that the use of Return2Play will assist us in the continued provision of a gold standard level of care to your children.

The cost of Return2Play's comprehensive medical package is £30.00 per pupil for the academic year. Whilst it may be perceived that this will benefit those pupils who play more competitive school sport, Return2Play's data conclusively shows that injuries can occur at any time when performing physical activity and ultimately the service provided will protect the welfare of your child at all times. This service will be provided on an 'Opt Out' basis. If, for any reason, you would **not** like your child to be included in this comprehensive medical package, please email arhc@mtsn.org.uk no later than **25 August 2023**.

Please could I encourage you to read the attached information document for further details regarding Return2Play.





Protective Equipment

Boys are expected to use the following safety equipment for the following sports;

- Rugby Gumshield for any contact situation.

- Hockey Gumshield and Shin pads for all gameplay situations.

Cricket Relevant cricket equipment for batting.

Boys who lose or do not have their gumshield can get one from the school nurse during the week. The cost of which will be added to the pupils' school bill. Properly fitted gumshields are recommended for comfort but boil-in-the-bag gumshields are just as effective.

OPRO Gumshields

We have worked with OPRO for many years. They are the largest manufacturers of Custom-Fit mouthguards in the world. OPRO have launched their revolutionary Instant Custom-Fit mouthguard which is a dentist level mouthguard that can be fitted at home.

Benefits of the Instant Custom-Fit mouthquard:

- OPRO's revolutionary fitting mechanism allows the pupil to take an instant dentist impression of their teeth whilst moulding their Custom-Fit mouthguard
- You can choose between 3 protection levels and add anti-microbial protection to the mouthguard
- Made in OPRO's manufacturing facility in Hertfordshire, the Instant Custom-Fit offers the highest level or protection as worn by professionals
- Prices start from just £29.99 plus you will receive 10% off if you use the following code
 MerchantTaylors10
- No waiting for your mouthguard! The Instant Custom-Fit can be manufactured in as little as 2 days. Once fitted at home it's ready to use
- You will receive a complimentary Self-Fit mouthguard to practise the fitting process with and this can be used as a spare mouthguard for the season

To order an Instant Custom-Fit please follow the steps below:

- 1. Visit https://opro.info/MerchantTaylors
- 2. Choose the mouthguard you'd like to purchase
- 3. Enter the discount code at checkout to receive 10% off
- 4. Your OPRO Instant Custom-Fit will be sent to the delivery address provided
- 5. Follow the fitting instructions included with the mouthguard
- 6. Your mouthguard is now ready to use!

If you have any questions about the products or OPRO's service please contact their customer care team directly on 01442 430690 or email info@oprogroup.com





Footwear

Footwear is very important for growing boys. These are the following recommendations for footwear;

- PE Trainers Running shoes with laces are best.
- Hockey Astro turf shoes these can be football astro shoes but they need to have good grip on the sole for safety reasons.
- Rugby Boots Screw in studs are preferable over bladed boots.
- Cricket spikes (not compulsory).

Request for Absence Procedure

In <u>exceptional</u> circumstances, boys may be allowed to miss a Saturday fixture. In this case, a note will need to be sent to the Director of Sport in question with a MINIMUM of 2 notice. The request for absence will then be considered by the School staff and will be judged on an individual basis. The school, through the Director of Sport, reserves the right to not grant absence requests. The school's sports contacts can be found by visiting https://www.mtsnsport.org.uk/Contact.asp?Id=180.

Match Day Procedure

All sports fixtures can be found in the sports calendar https://www.mtsnsport.org.uk/Calendar.asp?Id=180. Additional fixtures, e.g Cup matches, may be added and these will be advertised to the boys as soon as possible. Team sheets and further information will be posted on SOCS, a minimum of 48 hours in advance of the game.

Home Matches

Boys can arrive in their Games kit for matches; they will need to bring School Uniform for post-match teas. All boys are expected to play Rugby and Hockey in their shorts.

It is hoped that all parents will come to matches to support their son and the team he is representing. Tea, coffee and sandwiches will be available after all home matches for all spectators in the dining hall. We look forward to welcoming you.





Away Matches

Boys will need to travel in the expected dress code for that sport (MTS tracksuit for hockey, school uniform for rugby and whites with a blazer for cricket).

At MTS, we have a Supporters' code:

T...reat everyone with Respect

A...llow the coaches to coach

Y...elling from the sidelines helps no-one!

L...et the boy's play

O...bserve, encourage and enjoy the match

R...espect the officials' decisions

S...upport all those playing the game

It is hoped that supporters will uphold the School's Code of Conduct at all times and support us in ensuring matches are played in the correct spirit.

